
How do I know if it is normal aging or something more serious?

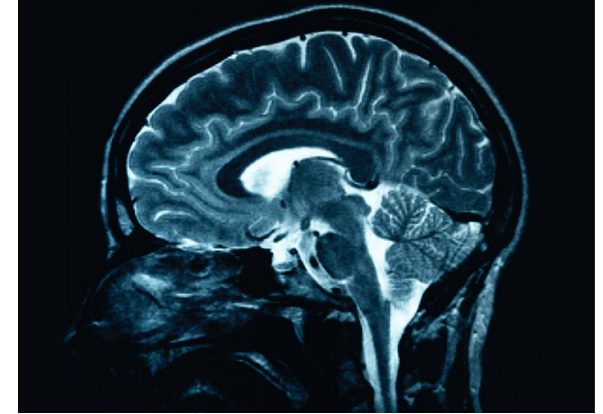
Do you or a loved one experience any of the following?

- Trouble remembering important details or dates
- Repeating conversations or questions
- Finding the right words
- Confusion
- Poor concentration
- Getting lost in familiar areas
- Difficulty following instructions
- Seemingly making up unlikely details or reasons for errors
- Increased irritability, anxiety or sadness
- Difficulty managing

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Memory Assessments & Dementia Evaluations



**Helping Maintain
Your Quality of Life**

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*Behavioral Health Services
For the Family*

Is diagnostic assessment really necessary?

- There are many conditions which may look like dementia. It is important to know how to treat the symptoms based on their underlying cause.
- Sometimes problems elude friends, family, and even health care professionals because many people in the early stages of memory loss can appear less impaired in brief interactions.
- Neurocognitive testing is recommended by the American Academy of Neurology as the least expensive and least invasive standard of care when memory problems are suspected.

Can Anything Be Done to Treat Memory Loss?

Absolutely!

- Although memory loss and other effects of dementia are not curable, there is no reason that persons who experience these symptoms must simply “live with it.”
- When the problem is clearly understood, direction can be given to help the individual live life with the greatest degree of independence and personal integrity.
- There are many interventions that may be beneficial, including simple modifications to the daily routine, structured therapeutic activities, and medication changes.
- Our evaluation does not end with diagnosis. We will provide direction to help you and/or your loved one maintain maximum independence for as long as possible.

What is the Procedure?

1. A one-hour diagnostic interview. The patient and any willing family members can attend. Family participation helps us understand the individual’s experience of memory loss as well as the family members’ perspectives.
2. Based upon the information gathered from the interview, follow up assessment may take place that day or a future appointment may be scheduled. A customized evaluation protocol will be developed to meet the particular needs of you or your loved one.
3. You will be invited to participate in a feedback session to review the final report and to receive recommendations.
4. We will work with other professionals (e.g., your primary care physician, your neurologist, etc.) to ensure that you receive the optimal level of care.

Is Assessment Expensive?

Neuropsychological testing is covered by Medicare, and in many cases, other health insurance providers cover neuropsychological assessment for memory impairment as well. We will work with you to secure these benefits where possible. In the event that you are not eligible for coverage, our friendly staff will work with you to create a convenient payment plan.